Must-use shortcuts

Ж	TAB	Switch between
		applications
Ж	/	Switch between
		windows from one
		application
\mathfrak{K}	С	Сору
Ж	V	Paste
Ж	Х	Cut
Ħ	Ζ	Undo

¥℃Z Redo

Text navigation

	Move one position
	or line
Ж ◀or ►	Beginning or end
	of line
೫ ▲ or ▼	Beginning or end
	of document
√ ⊲ or ►	Next or previous
	word
<u> </u>	
Combine with	む to highlight

Form navigation

TAB	Next form item
企 TAB	Previous form item
Enter	Activate the glowing
	button

In applications

- X N New document/ email/...
- ₩O Open
- ₿S Save
- ₩ P Print
- ₩ F Find
- ₩ B Bold
- ₩ U Underline
- ₩ I Italic
- ₩ W Close window
- ₿ Q Close application
- # RReload / refresh
- # A Select all
- #, Preferences

Browser

ЖD	Add bookmark
ЖL	Addressbar
ЖT	New tab
ЖW	Close tab
光 습 T	Undo close tab
ЖN	New window
Ж ◀	Back (previous
	page)
₩ ►	Forward (next page)
፝ቘ 🗘 ◀►	Switch between
	tabs in Safari
∢⊳ ∑ Ж	Switch between
	tabs in Firefox &
	Chrome

Mail	
ЖN	New message
ЖR	Reply
ЖF	Forward
¥ 습 A	Add attachment
	Sand magaza

- 第 ① D Send message第 1 Go to inbox
- ∑ ₩ L Apply rules

Finder

光	New folder
ЖO	Open
Enter	Rename
Space	QuickLook
 ዘ	Info

Zoom in

¥ +	Zoom in or increase font
	size
എ	Zoom out or doorooco

- Zoom out or decrease font size
- ^ scroll $\ \mbox{Zoom in}$

Diacritical marks

ΝE	Followed by e makes é
~΄	Followed by e makes è
721	Followed by e makes ê
77 11	Followed by a makes ä

℃U Followed by e makes ë

And if you can't already, learn touch typing.



duplex print, fold three times



nd put it under you keyboard



Share with others? Apple, Windows, Dutch and English versions available at www.slimmerwerkencoach.nl/shortcuts

slimmerwerkencoach.nl

Odd, but useful

∼ F1	Screen settings
∼ F10	Sound settings
仓 F11	Decrease volume without 'pop'
仓 F12	Increase volume without 'pop'
₩ F1	Switch between mirrored displays and extended desktop in case of multiple
	displays

- ^ ∖C D Hide cursor
- $\mathcal{T} \stackrel{\circ}{\oplus} \mathbb{H} \vee$ Paste and match style

Press and hold \sim to 'highlight drag' a text selection

return spotlight results to show in finder

Operating system functions

- **¥** spaceFind with spotlight
- $\mathfrak{K} \subset \mathsf{esc}$ Force quit application
- 光 企 3 Full screen screenshot to desktop
- 光 企 4 Screenshot of selection to desktop

Combine screenshot shortcuts with ^ to copy the screenshot to the clipboard, paste it into place with \Re V.

Tips

- Use spaces to do different work in their own space without distractions.
- Still want to use a mouse to select text?
 - · Double click on a word
 - · Triple click on a sentence
- Use tab, enter and space to quickly deal with dialog boxes (activate this feature in System Preferences > Keyboard > All controls).
 - Tab: go to next button or form item
 - Space: activate selected button
 - Enter: activate 'glowing' button
- Use Textexpander to automagically write reoccurring text.
- Add your own shortcuts or modify existing ones at System Preferences > Keyboard.

Custom keyboard shortcuts / your own

Save shortcut tips from collegaues (or find them with the Google search term 'keyboard+application name').



V1.3, layout design by David Rudolf Bakker

Which button is which

Ħ	Command (cmd, on pre-2009
	lot of people will call this key the 'Apple
	key')
7	Option (alt)
企	Shift
\wedge	Control (ctrl)
TAB	\rightarrow

- ← Backspace
- fn ← Delete (especially handy on laptops)

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